



CUSTOMER SERVICE EXCELLENCE

Special points of interest:

- Bullying Poems
- Supported Study
- Our Christmas Concert
- Science Success
- CHS Got Talent
- Arran House Roll of Honour

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Parents' Newsletter

Head Teacher's Letter

Dear Parent/Carer,

Welcome to our third Newsletter of the session. It is absolutely bursting with information about all that is going on in the school, which is a great tonic to read as the days get shorter, colder and more "dreich". I'm sure you'll be impressed by the variety of activities highlighted.

I would just like to draw your attention to the information about Supported Study which is vital reading for all those of you who have children in S4-S6. Next to the classroom experience itself, Supported Study (whether at lunch time or at the end of the school day) is probably the most useful academic activity in school as it allows teachers to provide additional help, support and advice to pupils. This is particularly important in the run-up to NAB assessments in S5/6, and prelims and the SQA examinations themselves. In the recent past pupil attendance at Supported Study has been at best patchy. This session we are taking a much stronger line and insisting on attendance, in some circumstances. While many of our young people are desperate to have a part-time job to fund their social life or some other personal priority, it is crucial that we make them understand fully the importance of good qualifications for their medium to long-term future. After all, their working lives may last 50 years and nobody wants to be in a job that they don't find stimulating or rewarding for that length of time!

As always, you can keep up with all of the school's activities by visiting the website at clydebankhigh.org.uk.

Best Wishes,

Stewart Young

Raising Attainment

In my last Newsletter I gave you an idea of the various strategies that we are putting in place this session to help raise attainment in SQA examinations. These strategies will be supported by Mr Rae (PE/Pastoral Care) and Miss MacKay (Modern Languages) who will have a reduced teaching commitment to allow them to devote enough time to this important task between now and June 2012.

Thank You

Mrs McNiven has asked for a big "Thank You!" to go out to everyone who has supported this appeal. Any remaining vouchers should be handed in as soon as possible.

Apologies

In the last Newsletter we printed a list of the achievements of Bute House pupils. Unfortunately, we missed out one pupil from the Roll of Honour of outstanding S4 SQA results. Rachel Altenburg achieved 6 Credit passes plus an "A" at Intermediate 2. Very well done, Rachel! Apologies for our oversight.



Bullying

Clydebank High School's Prevention Of Bullying Policy begins with the words:

" All Clydebank High School pupils are entitled to be educated in a supportive, positive atmosphere in which they are able to achieve their potential without concerns about physical or emotional pressure".

This is a strong commitment that we make to every single pupil. To that end we organise 2 special Anti-Bullying weeks per year, when we raise the profile of this issue as much as we can. Our anti-bullying strategy is coordinated by Mr Inglis (Pastoral Care) who sums up the findings of our pupil surveys below. As part of his investigation, Mr Inglis also spoke to a number of parents who very kindly came into school to take part in the discussion. In addition, all incidents of bullying at Clydebank High are logged by staff then analysed and compared to the previous year by him. Here is what Mr Inglis had to say:

As a school we are vigilant and concerned the whole year about any possible bullying. To raise its profile and make people think about the consequences and hurt that bullying can cause we have two designated weeks per year where activities take place.

The message from Clydebank High is clear- Bullying in any shape or form is unacceptable and will not be tolerated. This includes name calling, physical bullying and spreading of rumours. Of particular concern in recent years has been bullying happening through mobile phones, MSN, Facebook etc. Remember that all of these leave a trace; Cyberbullying is a crime and therefore instances will be passed on to police.

♦ ***Clydebank High encourages an atmosphere of mutual respect.***

Most bullies came from first and second year with both boys and girls involved. More girls were bullies than the year before. Corridors and playground remain the places where most bullying incidents take place.

Physical bullying was rare but emotional and name calling remained the highest.

Our 4 th/5th and 6th year were not involved in any recorded bullying and provide a good service through Buddy work in reassuring and keeping an eye on the younger pupils, so "Well done" to them.

Although the recorded incidents have dropped from last year's figure the school remains committed to making every pupil's life at Clydebank High a bully-free one.

You too can play your part by keeping an eye out for any problems and reporting concerns to any teacher if you suspect someone is being bullied.



Respectme's latest campaign **She's still going somewhere.....**



This campaign is designed to change the way we, as adults, think about the Internet and young people's online activities. Adults are increasingly concerned about cyberbullying and online safety, often brought about through lack of awareness or understanding.

There is a link between understanding how young people use technology and our confidence and ability to respond effectively to problems they may experience online. If you don't know the difference between instant messaging and social networking or how to make profiles safe, you may not have the confidence to respond if a child is having problems.

We need to see the Internet differently; it is just another social space we spend time in. When a child asks if they can go into town with their friends, depending on their age, you would want to know who they were going with, how long for, where exactly they would be and you'd agree when they were to phone to let you know everything's fine.

When children tell us they're off to use the laptop, we need to have the same concerns and a similar response because if they are going online, they are still going somewhere.

The campaign will be launched nationwide on Monday 14 November to mark the beginning of Anti-Bullying Week and supporting resources and a short film will also be available on the respectme website from this time.

www.respectme.org

Bullying Poems

We have now printed below for you the 3 winning anti-bullying poems written by our S1 pupils:



Does it make you happy?

*I remember when I started
Many years ago in school,
I don't get why you did it,
Did it make you think you're cool.*

*Every night I trembled,
About facing you again,
doesn't it bother you,
to know I had no friends?*

*My mum knew that something was up,
But I had to lie to her face,
Why do this to me?
It makes me feel disgraced!*

*I finally had enough!
I had to tell someone!
Did you really like doing it?
Did you really think it's fun?*

*I finally told the teacher,
And he took you to the Head,
So I feel happy now,
And can face getting out of bed!*

*I felt like my world had no worries anymore
And I made lots of new friends,
Now I'm finally happy,
That I won in the end.*

By Heather Campbell 1D1

Cyber Secret

*Typing on a keyboard
Protected by a screen,
Bullied through computer?
Why would you be so mean?*

*You have a hidden identity!
You were my friend but now you're not,
Turning on me was so easy
All because I have spots.*

*I cannot tell on you,
How can I? There's no-one left,
You took away all my friends!
I reach my house and start to sigh!
Grab my laptop then sit and cry.....*

*How would you feel?
If you were left out with nothing to say,
You wouldn't like it,
So make the bullies GO AWAY!*

*By Caitlin McNally
1C3*



Why me?

*Every day when I get home,
I sit and cry and feel alone,
And think about what you have done,
And wait for what I know will come.*

*Every day at school I see,
You and others laughing at me,
And I really don't know what to do,
Because nothing they say is true.*

*I wonder what you're thinking inside,
Every day when you see me hide,
And every day I wonder why,
You hurt, upset and make me cry.*

*Why is it me you choose to pick on?
Don't you know it is really wrong?
I hope someday you will see,
How much it hurts when you bully
me....*

By Ceara Hayes 1C1



Head Teacher's Comments :

I can't leave the topic of bullying without making a few brief comments.

Firstly, the school can only intervene and stop bullying when we know that it has taken/is taking place. It might be that we actually see the bullying behaviour and/or its effects with our own eyes. If not, someone has to alert us to the fact that the bullying is going on. This allows us to deal with the situation in an appropriate way. I absolutely guarantee that we will act in all cases where we know what is going on. However, please never assume that we will know automatically – pick up the telephone, or come in, and tell us.

Secondly, social networking sites (especially Facebook) have become a real challenge in recent years. We seem to have a number of issues to deal with in school, caused by people making public comments on Facebook. We then get to know about this days or weeks later when the situation is more difficult to resolve. Do you monitor your child's use of Facebook? Do you know what they write ? Do you know who they are in contact with ? Do you know if they use their privacy settings ? If not, alarm bells should be ringing in your head !

This kind of cyberbullying can also happen via text messages on your child's phone. Again, I would ask the same questions as those above. Please make sure that you at least talk to your child on a regular basis about unwelcome text messages. If in doubt, contact your child's Pastoral Care teacher immediately. Don't leave it too long, otherwise a fairly straight forward situation can develop into a much more complex one.

Advice on how to deal with cyberbullying can be found on the school's website.


www.clydebankhigh.org

Girlguiding in Clydebank

On the evening of 1st November I went to a Girlguiding event hosted by the High School of Glasgow where my daughter was to receive the Baden Powell Challenge Award. When I arrived, I was delighted to see a number of Clydebank girls who were also to be honoured by receiving the same award. Thanks to Janice Blair, District Commissioner, I have a note of all the girls who were successful in completing the challenge.

- ◆ Vivien Currie 4D2 6th Clydebank Girl Guides
- ◆ Joanne Dempster 3A1 12th Clydebank Girl Guides
- ◆ Amy Hood 3D2 12th Clydebank Girl Guides
- ◆ Lauren Pearson 3D2 12th Clydebank Girl Guides

So, what is the Baden Powell Challenge Award?



Girlguiding
Clydebank Guides

Janice Blair
12 Queen Mary Gardens
Clydebank
G81 3BF
0141 585 2533
07747 806276
jintyblair@hotmail.com

girls in the lead

What is the Baden-Powell Challenge Award?

The Baden-Powell Challenge is the ultimate achievement for girls within the Guide Section. It is for girls who wish to stretch themselves as individuals to achieve the very best that they can. It is not about achieving a set standard, nor is it about being academically able, but about giving the girls encouragement to see just what they can and have achieved by being a guide.

It is personally challenging and involves sustained effort over a period of time. The girls need to be fully committed and confident in their approach to undertake the Challenge.

The Baden-Powell Challenge has two parts: the ten challenges and the Baden-Powell Challenge Adventure.

Each girl will complete ten challenges of her choice, at least one of which should be from each of the programme zones which are:

Discovery: This challenges the girls with new experiences and adventure

Healthy Lifestyles: This encourages the girls to actively take responsibility for their lifestyle by promoting physical, emotional and spiritual well being.

Celebrating diversity: This supports the girls to think about their own active citizenship and help them develop their awareness of rights and responsibilities for all.

Global Awareness: This increases the girls awareness of global issues and of the contribution each guide can make.

Skills and Relationships: This helps develop girls self-confidence and self-worth and to improve their inter-personal and life skills

Once they have completed their challenges, they will be invited to take part in an adventure which is normally a residential event based around a theme. The adventure will be a celebration of what they have achieved in their time at guides

As you'll all agree, it is a huge achievement for girls and we are proud of each and every girl who gains it

Janice Blair
Division Commissioner

Tracey Groom - County Commissioner
Dunbartonshire

Janice Blair - Division Commissioner Ann Tasker - District Commissioner Linda Jain - District Commissioner Carol Ann Stephenson
South Eastern Division Clydebank North Clydebank West District Comm - Faifley

Girlguiding Dunbartonshire is an operating name of The Guide Association

Delighted to see a number of Clydebank High Girls receiving the award.

Ultimate achievement for girls within the Guide Section.

We are proud of each and every girl who gains it.

Many, many congratulations to these girls. I know how much time and effort were needed to achieve success so they have done themselves, their families and their school proud.

Supported Study

Date	Subject	Level	Time	Date	Subject	Level	Time
Wed 16th Nov	Modern Studies	Std Grade/Int	3.30pm - 4.30pm	Wed 30th Nov	Modern Studies	Std Grade/Int	3.30pm - 4.30pm
Thurs 17th Nov	Computing	Std Grade	3.30pm - 4.30pm		RMPS	Higher	Lunchtime
	English	Std Grade General	3.40pm - 4.40pm		History	Std Grade	3.40pm - 4.40pm
Fri 18th Nov	Health & Food Tech	Int 2 & Higher	Lunchtime		Maths	Std Grade Credit	3.30pm - 4.30pm
Mon 21st Nov	Computing	Higher	Check Times		Physics	Higher	Lunchtime
	English	Std Grade Credit	3.40pm - 4.40pm		Biology	Int 1	Lunchtime
	History	Higher	Check Times	Thurs 1st Dec	Computing	Std Grade	3.30pm - 4.30pm
	Maths	Std Grade General	Lunchtime		RMPS	Higher	Lunchtime
Tues 22nd Nov	RMPS	Higher	Lunchtime		History	Higher	Check Times
	English	Std Grade Credit	3.40pm - 4.40pm	Friday 2nd Dec	Health & Food Tech	Int 2 & Higher	Lunchtime
	Art & Design	Higher	3.30pm - 4.30pm	Mon 5th Dec	Computing	Higher	Check Times
	History	Std Grade	3.40pm - 4.40pm		History	Higher	Check Times
Wed 23rd Nov	Modern Studies	Higher	3.30pm - 4.30pm		Maths	Std Grade General	Lunchtime
	English	Higher	3.40pm - 4.40pm		Physics	Std Grade/Int 2	3.35pm - 4.35pm
	English	Intermediate 2	3.40pm - 4.40pm		Biology	Std Grade	3.30pm - 4.30pm
	RMPS	Higher	Lunchtime		Chemistry	Std Grade	3.30pm - 4.30pm
	History	Std Grade	3.40pm - 4.40pm	Tues 6th Dec	RMPS	Higher	Lunchtimes
	Maths	Std Grade Credit	3.30pm - 4.30pm		History	Std Grade	3.40pm - 4.40pm
	Physics	Higher	Lunchtime		Maths	Std Grade General	Lunchtime
	Biology	Int 1	Lunchtime		Physical Education	Std Grade	1pm - 1.30pm
	Human Biology	Higher	3.30pm - 4.30pm	Wed 7th Dec	Modern Studies	Higher	3.30pm - 4.30pm
	Physical Education	Std Grade	3.30pm - 4.30pm		English	Intermediate 2	3.40pm - 4.40pm
Thurs 24th Nov	Computing	Std Grade	3.30pm - 4.30pm		RMPS	Higher	Lunchtime
	RMPS	Higher	Lunchtime		History	Std Grade	3.40pm - 4.40pm
	English	Std Grade General	3.40pm - 4.40pm		Maths	Std Grade Credit	3.30pm - 4.30pm
	Art & Design	Higher	3.30pm - 4.30pm		Physics	Higher	Lunchtime
	History	Higher	Check Times		Physical Education	Std Grade	1pm - 1.30pm
	Biology	Adv Higher	3.30pm - 4.30pm	Thurs 8th Dec	Computing	Std Grade	3.30pm - 4.30pm
	Biology	Std Grade / Int 2	3.30pm - 4.30pm		RMPS	Higher	Lunchtime
	Chemistry	Std Grade / Int 1	3.30pm - 4.30pm		History	Higher	Check Times
Friday 25th Nov	Health & Food Tech	Int 2 & Higher	Lunchtime		Chemistry	Std Grade / Int 1	3.30 - 4.30pm
	Art & Design	Higher	3.30pm - 4.30pm	Friday 9th Dec	Health & Food Tech	Int 2 & Higher	Lunchtime
Mon 28th Nov	Computing	Higher	Check Times	Mon 12th Dec	History	Higher	Check Times
	English	Std Grade Credit	3.40pm - 4.40pm		Physics	Std Grade/Int 2	3.35pm - 4.35pm
	History	Higher	Check Time	Tues 13th Dec	RMPS	Higher	Lunchtime
	Maths	Std Grade General	Lunchtime	Wed 14th Dec	RMPS	Higher	Lunchtime
	Physics	Std Grade/Int 2	3.35pm - 4.35pm		Physics	Higher	Lunchtime
	Physical Education	Std Grade	3.30pm - 4.30pm	Thurs 15th Dec	RMPS	Higher	Lunchtime
Tues 29th Nov	Computing	Std Grade	3.30pm - 4.30pm		History	Higher	Check Times
	RMPS	Higher	Lunchtime	Fri 16th Dec	Health & Food Tech	Int 2 & Higher	Lunchtime
	English	Higher	3.40pm - 4.40pm				
	English	Std Grade Credit	3.40pm - 4.40pm				
	Art & Design	Higher	3.30pm - 4.30pm				
	History	Std Grade	3.40pm - 4.40pm				

The following sessions will run as drop in sessions in addition to the above.

- ◆ **Biology** - Wednesday & Thursdays
- ◆ **Chemistry** - Monday, Tuesday, & Wednesdays
- ◆ **Maths** - Lunchtime
- ◆ **Music** - Lunchtime

Now for a tour round some departments

Music Department

This month, **Emma McNally (S6)**, a stalwart of our school and WDC orchestras, played in the Albert Hall! Here is her story

"In October I travelled to Ullapool to take part in the Feis Rois Scottish music course who were doing a collaboration between Scottish traditional musicians and classical brass and woodwind musicians to create a Cross - genre piece similar to the Unusual Suspects. This group took our music to London to play in the Music for Youth Schools prom at the Royal Albert Hall on the 8th of November. In the 41 years Music for Youth have been running the Schools Proms this is the first year they have had festivals in Scotland and this was the first time they ever had Scottish performers. The majority of the performers from this group were from the Highlands with very few from the Central belt. I was the only member from the Glasgow area with the closest being Ayrshire. This was a phenomenal experience which allowed me to meet so many new people, gain a greater appreciation for Scottish Music and of course play in an amazing venue!"

Incredibly well done, Emma! Not many musicians can say that they have performed in such a revered venue! CHS assembly hall won't seem quite the same after that, will it??!



Still in the Music Department, we have just heard that Education Scotland (the new name for the joint HMIE/Learning Teaching Scotland body) will be coming into school on 6th December to film our S2 Music Technology class. As some of you will know, our older pupils have the option of studying Music (Performance) or Music (Technology). Over recent years our Music staff have built up a wealth of expertise in developing and teaching Technology courses, putting us at the very forefront of innovative learning and teaching. This expertise has now been recognised by Education Scotland who are keen to film and record extracts from this course for their own website so that staff in other Scottish schools have easy access to good practice. This is a great accolade for our department, particularly Mr Pugh. We have always known how excellent they are; this is just further proof !

Clydebank High School
Christmas Concert

Wednesday 14 December 2011
7.30pm in the Assembly Hall



All Parents, family and friends are warmly invited.
As always, entry will be free but we will ask for a donation towards the work of the Music Department!
(Come early to avoid disappointment)

*Our Spectacular
Christmas Concert
Wednesday
14th December
@ 7.30pm*

Science Success at CHS

The Nuffield Foundation offers fifth year pupils the opportunity to spend their summer holidays in a university department working on a research project.

The Biology department has sent pupils on Nuffield bursaries for the past seven years. This year the Physics department was also involved.

This is what the pupils had to say about their experience.

Amy Cranney

I worked in the Vascular Biochemistry lab at the Western Infirmary comparing different methods used to measure small dense lipoproteins.

Cholesterol carried in small dense lipoproteins (LDL-C) is known as 'bad' cholesterol and people with high levels in their bloodstream are at increased risk of cardiovascular disease. The purpose of my project was to compare an automated assay of LDLs with traditional methods.

From my Nuffield Bursary placement I learned how to work in a lab safely. I had to learn and carry out methods that were completely new to me. Through working in the lab I discovered I would like to pursue research as a career. I enjoyed the experience so much that I am still working in the lab after school. I was delighted to discover that my project also earned me a Gold Crest Award from the British Science Association.



Kenneth Dew

I studied laser guiding in a capillary in the department of Physics at Strathclyde University.

The radiation given off by this laser technique is extremely short pulse x-rays. The x-rays can be used for radiology reducing the dose of x-rays to the human body.

The experience was exhilarating and pleasantly fun to be working alongside people who are working at the cutting edge of plasma laser technology, I don't think I could be more fortunate in spending the summer this way.

In the lab I learned to take notes and compile lab reports and how to work safely in a hazardous environment and how to present my results as a the report which I am sure I will find useful in the future.



Heather McLarty

I was involved in designing a portable display for demonstrations of x-ray imaging at the School of Physics and Astronomy at Glasgow University.

The object of this project was to design a portable display that would enable demonstrations of x-ray imaging to take place with maximum visibility and zero exposure to ionizing radiation. This portable display can be used in schools, introducing science students to the many varied uses of x-rays.

Throughout my 6 week summer placement I enjoyed meeting new people and learning new things. I thoroughly enjoyed being in a university environment as it gave me a good idea of what it is like to be a student. I would recommend anyone who is thinking about applying to university to study science to also apply for a Nuffield bursary.

This was a wonderful opportunity for these pupils to experience cutting edge science and be part of a research team. The science department at Clydebank High School is very proud of their effort and commitment.

Art Department

The Glasgow Art Club was delighted to host its first ever exhibition of works by young people from Scottish secondary schools including Larkhall Academy, Clydebank High School, Geilsland School, Balikrain School and the High School of Glasgow.



YOU ARE INVITED TO THE OPENING OF

THE GLASGOW ART CLUB SCHOOLS EXHIBITION 2011

Of Small Works in
Painting, Photography, Printmaking and Mixed Media
Saturday 5th November
12 - 2pm

Exhibition opens to the Public Saturday 5th November - Saturday 26th November 2011
Club Opening Times: Daily 11 am - 5 pm except Sundays and Tuesdays
Saturday 10th & 20th November - 11am - 5pm
185 Bath Street, Glasgow G2 4HU
Telephone: 0141 248 5210

The receipt and sale amount from our very kindly generosity All Funding Ltd.



Fair Trade Fair Alternatives (fpa.co.uk)
www.fairalternatives.co.uk

Member support by Glasgow Museum and Art Galleries

**Extract from
Glasgow Herald
Sat 12th November**

GLASGOW ART CLUB SCHOOLS EXHIBITION & GLASGOW SOUTHERN ART CLUB EXHIBITION
185 Bath Street, Glasgow
0141 248 5210
www.glasgowartclub.co.uk, www.glasgowsouthernartclub.com
Until November 26

In the Glasgow Art Club, a bastion of the old-school art establishment, the powers that be are working hard to make the club relevant and accessible to the public. If you haven't been in this historic building, getting in as easy as ringing the doorbell and asking to see the exhibition - or exhibitions.

At the moment two shows are running simultaneously. In the main gallery on the ground floor, Glasgow Southern Art Club has its annual selling exhibition on display. Founded in 1953, the club has a simple premise: to help people practise their art and exhibit members' work. Besides keen amateurs, several professional artists are members, and the quality of this year's exhibition is very strong.

Upstairs in the Billiard Room (minus billiard table) there is an exhibition of work by young people from Scottish secondary schools including Larkhall Academy, Clydebank High School, Geilsland School, Balikrain School and the High School of Glasgow. The exhibition is being hosted as part of the club's education programme, which aims to provide those aged 14 to 18 with an insight into the cultural diversity of the arts.

JAN PATIENCE

The exhibition featured paintings, photography, printmaking and mixed media demonstrating the student's creativity in Design and the Expressive Arts. The aim was to provide young adults aged 14 - 18 with an insight into the cultural diversity of the arts.

Miss McGoldrick said: "This was an exciting exhibition because it encourages young Scottish artists and gives them a valuable insight into the arts, as well as an opportunity for them to showcase their work at a public exhibition."

*Well Done to the two artists who represented Clydebank High School
**Jack McCombe 6A1
Kathryn McKerrall 6A2***



Fantastic

Modern Studies

In Modern Studies, S1 classes have been discussing what makes an ideal society. On 27 October, 40 first year pupils and their teachers visited Scotland's own Utopia – New Lanark – to see how the famous industrialist Robert Owen went about creating his version of the good society in the 1800s.

Our trip to New Lanark was great: educational and fun! On arrival we were split up into two groups. My group and I went to the Wash House and found out how women would wash their clothes before electricity was invented! We looked at the living space provided in the 1800s and 1900s and the differences between them - not just about electricity and toilets, but about how life in the cities, and other cotton mills around at the time, compared to New Lanark. We found out that living in New Lanark was a great privilege.

Moving on, we looked at the shops Robert Owen provided

down in New Lanark, the mills, the school and Robert Owen's house. Robert Owen thought that all children, no matter how smart or how rich, should have an education. He also built the world's first nursery school, right here in Scotland! Before his time, children in New Lanark would work long days in mines and mills which was very dangerous.

I am glad that Robert Owen was able to speak up for what he believed in because without him, we wouldn't be where we are today.

Eryn Brandon 1C1



Clydebank High's Got Talent

We know it has; I keep telling you!! After the success of last year's competition we decided to make this year's final an evening event, in aid of Radio Clyde's Cash For Kids. Auditions are already well under way and we will soon know the names of our finalists.

Please support this event. It will be hosted by Siobhan from Radio Clyde and take place in our assembly hall on Thursday, 24th November at 7 p.m. Tickets cost £3 per person ; £2 concession.



Firereach

At Clydebank High School a major focus for senior pupils (S4 to S6) is preparing our young people for the transition from school to college/university, training and employment. As part of this process of preparation we are lucky to have access to the Firereach Program run by Strathclyde Fire & Rescue. The course, which lasts for 5 days, involves S4 pupils from CHS and St Peter's working/training as fire-fighters.

The main aims and objectives of the program are to:-

- ◆ Develop physical and mental capabilities
- ◆ Become members or leaders of a team
- ◆ Improve self-discipline
- ◆ Improve confidence and communication skills
- ◆ Develop a knowledge and awareness of their community
- ◆ Improve safety knowledge concerning workplace and home
- ◆ Develop and understanding of the contribution the Fire Service and other agencies make to society
- ◆ Provide an opportunity to undertake basic first aid skills
- ◆ Deliver a clear community safety message.



At the end of the week parents and teachers are invited to attend an award ceremony when course participants give a demonstration of what they have been doing and they are presented with a Basic First Aid Certificate and a certificate of participation in FireReach.

In September the following S4 boys successfully completed the course.

Toby McCutcheon 4C1 Robert Fraser 4C1 Calum Mulherron 4C2 Lewis Hollands 4C2

In October the following S4 girls successfully completed the course

Vivien Currie 4D2 Claire Sweeney 4C2 Rebecca Duncan 4C2 Katrina Donaghey 4D2 Petra Nelson 4B3



Arran House - Roll of Honour

ARRAN HOUSE

August-October Achievements



LAST TERM 2010/11

Winners - Senior School Quaid



EXAMINATION SUCCESS

5+ SG at Credit or Int 2 Level:

- Emma Fulton
- Danielle Russell
- Stewart Dick
- Euan Kerr
- Erin Laurie
- Rebeka Lester
- Rose Patterson
- Nicola Carcary



5+ SG at Credit or Int 2 Level:

- Aidan Quinn
- Rachel McCormack
- Ross Bacchetti
- Sarah O'Neill
- Nicole Gallacher
- Sarah Horsfall
- Grant Hutcheson
- Kerr Crawford
- Laura Ferguson



5+ SG at Credit or Int 2 Level:

- Eilidh McKinnon
- Mhairi Urquhart
- Tamara Jones
- Rebecca Whitten
- Robert Boyle
- Jennifer Wilson
- Steven Chalmers
- Lauren Murphy
- Laura McLellan
- Amy-Leigh Hepburn



5 HIGHERS:

- John Bolling
- Darren Abraham
- Nicola Mitchell
- Erin Connolly
- Kelly McNeil
- Neil Montgomery
- Jack McCombe
- Keith Carcary



3+ HIGHERS

- Rebecca Forbes
- Calum Darroch
- Shannen Frew
- Kathryn McKerrall
- Craig Gourlay
- Allanah Carruthers
- Hannah Steele-Milne



3+ HIGHERS

- Connor McKnight
- Jack Skinner
- Martin Dorrian
- Paul Bennett
- Jordan McMeeken
- Rachel Watson
- Lewis McWilliams



1+ HIGHER

- Lisa Docherty
- Ronald Deeny
- Connor Jackson
- Lauren McAneny
- Vanessa Anderson
- Rebecca Meehan
- Elizabeth Sumner
- Callum Rae



1+ HIGHER

- Alistair Spowart
- Kenneth Dew
- Rachel Ferguson
- Daniel McCormick
- Lauren Walker
- Ross Hepburn
- Marney Richardson
- James Anderson
- Cameron Neilson
- Paige Stevenson



SPORTING ACHIEVEMENTS

- 1A1 - Amy Stewart - Swimming Medal
- 1A1 - Jemma Rodgers - Swimming Medal
- 1A1 - Kiern Kelly - Clydebank Boys Club - finished 3rd overall in local tournament
- 1A3 - Scott McInnes and Rhysce McKenzie 2nd in Basketball Competition
- 1A3 - Lorna Filshie - silver medal Highland Dancing Competition in Glasgow
- 1A3 - Shaun Cairns - Clydebank Titans (basketball) won 35-3 in a recent match.

SPORTING ACHIEVEMENTS

- 4A3 - Kayleigh Raeside - reached the Championship Final in a Dancing Competition at Craig Tara
- 4A3 - Sean Rodger - competed in Swimming Competition at South Ayrshire Championship
- 4A2 Conor MacLeod - on trial with Hamilton
- 4A2 - Michael Dick and Jordan Gilmour playing for Glasgow Rocks Basketball Team (undefeated so far this season)

SPORTING ACHIEVEMENTS

- 2A1 Jamie Martin - ranked 35 in age group in Scotland - won 6 out of 8 tournaments
- 3A1 - Fraser Neilson - Red Belt in Tai Kwon Do - won a recent competition



OTHER ACHIEVEMENTS

- 1A3 - Shaun Cairns - in Panto at SECC - Sleeping Beauty - Scott plays the King
- 1A3 - Adam Henderson - auditioned for 'Britain's Got Talent'
- 2A2 - Cara McCombe - in Annie at the Kings Theatre
- 3A1 - Joanne Dempster - Baden-Powell Challenge Award
- 3A3 - Ben Gallacher - part in Rivercity



ARRAN HOUSE

CONGRATULATIONS TO EVERYONE

WELL DONE



CHS - Our Achievements

Letter received from Alison Murray

Dear Mr Young

Thank you very much for your most generous donation of £200.23 towards my fundraising for Cardiac Risk in the Young. To date, you have been my highest donation received and I am most grateful.

I understand that your school has recently experienced the loss of a young man who also unfortunately was taken by Sudden Adult Death Syndrome. My thoughts are with his family.

I am forwarding your cheque to the Head Office of Cry with a covering letter directing them to add your donation to my total.

Thanks again for your kindness and generosity.

Yours sincerely

Alison Murray



On Saturday 5th November, four Clydebank High pupils had a great day at the West Dunbartonshire time trial event held at Vale of Leven swimming pool.

Holly Stanley 2A2 - had and two personal best times in the 100m Breaststroke and Backstroke.

Dylan Jennings 3B1 - won a silver medal in both the 100m front crawl and 100m Back crawl.

Mark Fraser 3C1 - won a silver medal in the 200m individual Medley and gold medals in the 100m Butterfly and 100m Back crawl.

Alexander McVicar 4D1 - won a silver medal in the 100m Breaststroke, a gold medal in the 100m Butterfly and Gold in the 200m Individual Medley.

Congratulations to you all, that was fantastic!



Kiern Kelly recently played in a local football tournament with Clydebank Boys Club. Kiern was delighted to tell his registration teacher, Mr Dobbin that they came in third in the tournament and brought the medal in to show him.



Our S5 Sports Leaders impressed WDC's assistant football development officer when she came along to Clydebank High to see the group work with a group of P7 pupils.



Audrey Ferrier described the pupils as "confident in organising their group, motivating and recording of results". Well done to them all!

Clydebank Post



Best results for School

Pupils at Clydebank High School who sat their SQA exams last term have been highly commended for their excellent results. Recently released figures show that the school has received one of its best set of Higher results to date, with 18 pupils achieving 5 Higher grade passes and an impressive 50 pupils achieving 3 or more Higher passes. The S4 pupils also put on a strong Standard Grade performance and managed to maintain the high levels of the last few years with 68 pupils achieving an overall credit award in least 5 subjects. The S6 pupils also flew the academic flag for the school and Advanced Higher examinations were taken in 10 different

subjects., the largest number of Advanced Higher subjects the school has ever taken on. Clever S6 pupils also managed to achieve the best Advanced Higher results the school has ever seen and only 5 presentations out of 81 were unsuccessful.

Head Teacher Stewart Young was thrilled at his students efforts in the tough exams. He said " I have already congratulated staff and senior pupils on their successes.....They certainly deserved words of praise". " It is also worth pointing out that our results this year are much stronger that they were 10 or 15 years ago".

P7s Visit Secondary

Clydebank High have been welcoming pupils from primary schools.

Children who are attending the high school next year are being given a taste of what it's like to be a secondary student and are being treated to a guided tour of the school.

The visits will give the future S1's a chance to be introduced to teachers and pupils who are already at the school, to make the transition to high school next year as easy as possible.



Teens are inspirational

Young people in Clydebank who volunteer with 'Bankie Talk' have had their achievement recognised. Ten teenagers who give up their time for Bankie Talk's youth project received Diana Awards at the Scottish Parliament recently. The awards were set up in memory of Princess Diana and reward young people who demonstrate qualities associated with the late Princess, and volunteer to improve and inspire the lives of others.

Amy McCormack 17 (SPTA)

and Lauren Mulholland 18 (CHS) recently received individual awards. Alys Montgomery (CHS) was also recognised with an award.

The youngsters read and record articles from magazines such as NME, Now and Heat. The audio files are then uploaded to Bankie Talk's website where 4000 visually impaired young people across the UK can download them.

BANKIE TALK



Parentline

The Helpline is open 7 days a week - 0800 028 2233



People call for all sorts of reasons so if you have never phoned a helpline before why not give us a call, we are here for you when you need to talk. Or if you prefer you can contact us by email.



What is ParentLine Scotland?

ParentLine Scotland is the free helpline and email service for anyone caring for a child to contact us about any problem, big or small.

Your contact is confidential, unless a child is in danger, and you do not need to tell us your name or address.

Why should I contact ParentLine?

Bringing up children can be hard work.

Sometimes it helps to talk about something that is worrying you and people can find it easier to talk to strangers rather than friends or family.

At ParentLine Scotland we can listen to you and offer you advice, support and information or tell you where to go for more help.

If you want to talk, we want to listen.

What can I contact ParentLine about?

It's not just for parents, you might be a grandparent, aunt, uncle or friend looking after a child and needing information or support.

You can call about any problem no matter how big or small the problem is.

For example:

- > You may be feeling anxious, lonely or that you can't cope.
- > You may be worried that your child is being bullied.
- > You might know of a young child being left alone.
- > You may be worried that your child is taking drugs.
- > You might be concerned about things happening at school.

Who will I talk to?

You will speak to a trained call-taker who will listen to you and give you the information you need, but they will not tell you what to do. They will support you to decide what you want to do next.

Nothing that you are worried about is too big or too small for us to deal with.



You can use confidential email - parentlinescotland.org.uk

Winter Weather Arrangements

Staying Safe this Winter



- ◆ Are you ready for winter? It's something we all need to do, and it takes only a few simple steps.
- ◆ Getting ready for winter is easy. Make a plan for your home, travel and business, and think about how you could help others.
- ◆ www.readyscotland.org will give you some extra advice on preparing for and dealing with the effects of severe winter weather.



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 Phone: 0141-533- 3000
 Fax: 0141-533-3039
 E-mail: schooloffice@clydebank.w-dunbarton.sch.uk

We're on the web!

www.clydebankhigh.org.uk



Thursday 1st December	S5/6 Parents' Evening 4pm - 6.30pm
Monday 12th December	S4 Prelims begin
Wednesday 14th December	Our Christmas Concert 7.30pm
Thursday 22nd December	S4 Prelims End
Monday 19th December	School Disco
Friday 23rd December	School Closes for Xmas Holidays
Monday 9th January 2012	School Re-opens

S4 Prelims

The prelims are approaching fast. Parents, please make sure that you support your child to make sure that he/she does as well as he/she can. For further advice, please look back at Newsletter 2, available on the school's website : www.clydebankhigh.org.uk

Our pupils are all aware what they must do to be successful in these prelims. They know that they must work hard and follow a good study plan. These prelim exams really do count; they are every bit as important as the SQA examinations in May.

Pupils and parents ignore these examinations at their peril.

Please Note : The result of these prelims will determine your child's presentation level in the SQA examinations in May.

Example : If a child achieves a General grade in the prelims, he will be presented at General/Foundation. We can only present a pupil at a level for which we have exam evidence.

Please note : The school will not be able to provide basic equipment such as calculators for these examinations. Pupils need their own. Please make sure that your child has all the necessary basic equipment well before these examinations start.

Car Park

The standard of driving of some parents in our school car park leaves a lot to be desired. They drive too quickly, they don't follow the traffic flow arrows marked on the ground, they park in the bus bay, they park in disabled spaces. I am really concerned that an accident will happen here one day, especially as Janetta Street is almost impassable because of parents' parked cars.

PLEASE DO NOT COME INTO OUR CAR PARK!

PLEASE DROP OFF/COLLECT YOUR CHILD AT THE END OF THE ROAD, NOT AT THE GATE!

I have noticed that one or two local primary schools have closed their gates to parents' cars. Unless the situation improves at Clydebank High, I will do the same – for the safety of our young people.