



Dear Parent/Guardian

Responsibility for All – Junior School

As part of Curriculum for Excellence your son/daughter will be experiencing the *Experiences and Outcomes* for Literacy, Numeracy and Health and Well Being across the wider school curriculum.

Some of the Health and Well Being *Experiences and Outcomes* do not naturally link in with Curricular departments and therefore your son/daughter will experience these through a variety of ways:

- Focus days
- Assemblies
- Special lessons

Below is a summary of the Health and Well Being areas that will be covered in this manner stating when and how they will be delivered.

S1	S2	S3
<ul style="list-style-type: none"> <li>• Substance Abuse – Focus Day</li> <li>• Positive Relationships – Focus Day</li> <li>• Internet Safety – Lesson by Campus Police Officer</li> </ul>	<ul style="list-style-type: none"> <li>• Mental Health – Assembly</li> <li>• Internet Safety – Lesson by Campus Police Officer</li> <li>• Relationships;               <ul style="list-style-type: none"> <li>◊ Understanding a person's individuality.</li> <li>◊ Contraception</li> <li>◊ Sexually Transmitted Infections</li> </ul> </li> </ul> <p>These will be delivered in small groups by Pastoral Care staff.</p>	<ul style="list-style-type: none"> <li>• Parenting Skills– Focus day</li> </ul>

If you would like any more information on the Health and Well Being Experiences and Outcomes, please contact the school.

*Sarah Gramball*  
 Depute Head Teacher

